

**Roosevelt
Middle School
Virtual Health Office**

Nurse: Frances Marxen RCSN

Health Tech: Tameka Holoman

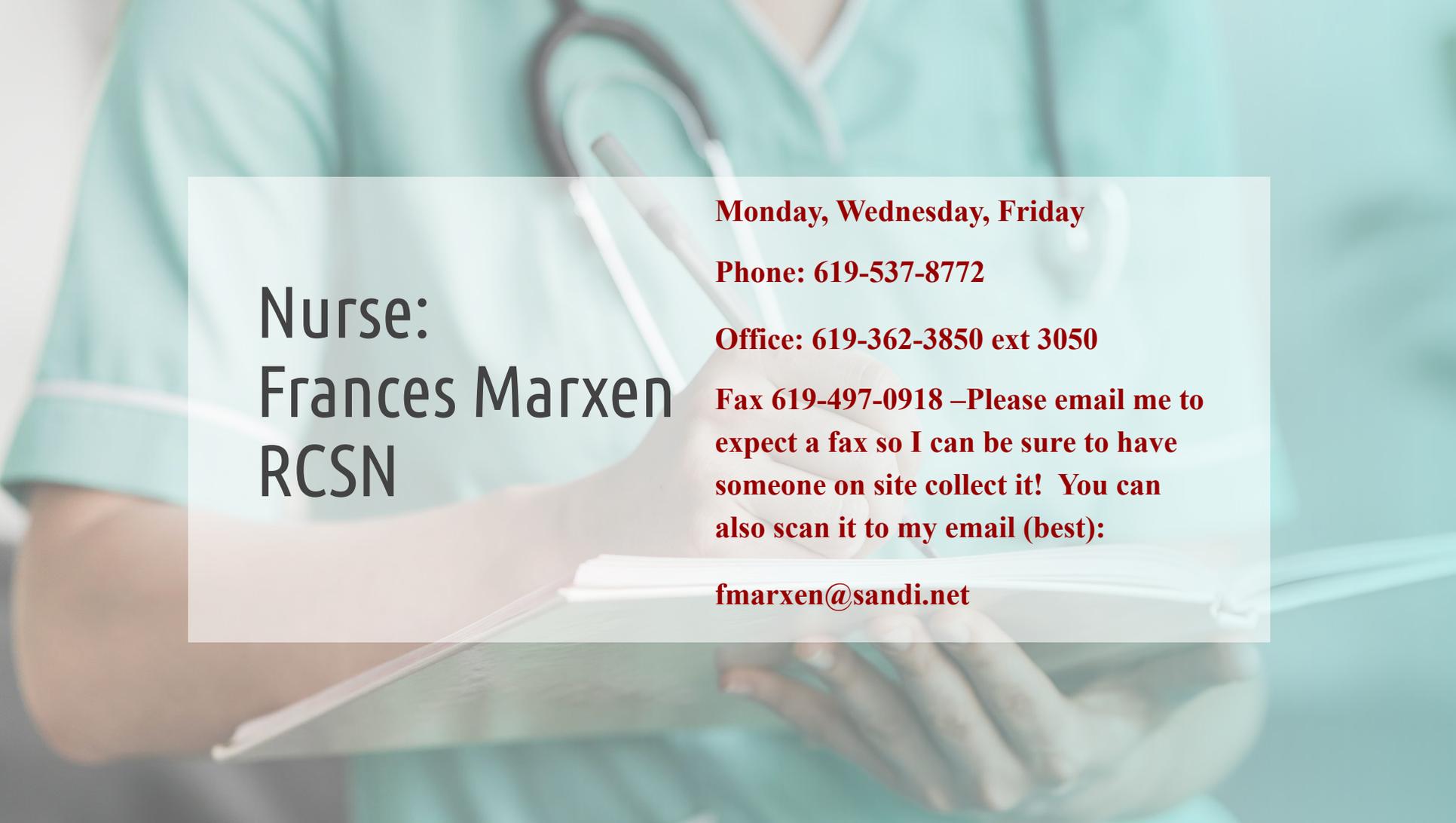




From Nurse Frances

This site was created to virtually connect with students, parents and teachers. Please explore the virtual health office resources and feel free to contact me with any questions or concerns.

We are all hoping to be back together soon but until then please don't hesitate to reach out! If you would like to speak by phone, please send me an email with the best number and time of day to call. fmarxen@sandi.net



**Nurse:
Frances Marxen
RCSN**

Monday, Wednesday, Friday

Phone: 619-537-8772

Office: 619-362-3850 ext 3050

Fax 619-497-0918 –Please email me to expect a fax so I can be sure to have someone on site collect it! You can also scan it to my email (best):

fmarxen@sandi.net

Health Tech:

Health Tech: Ms. Tameka
Holoman 858-324-4713

Tuesday, Wednesday, &
Thursday

tholoman@sandi.net





Meal Pick-Up Site:

[COVID-19 INFORMATION - Food and Nutrition](#)

Communicable Disease Information:

[Communicable Diseases](#)

Insurance Enrollment (Medi-Cal Access):

[Insurance Enrollment](#)

IMMUNIZATION RESOURCES

Immunization Requirements:

https://www.sandiegounified.org/departments/nursing_and_wellness_program/immunization_requirements

Immunization Requirements (English):

<https://www.sandiegounified.org/common/pages/DisplayFile.aspx?itemId=28638783>

Immunization Requirements (Spanish):

<https://www.sandiegounified.org/common/pages/DisplayFile.aspx?itemId=28638781>

Immunization Clinic Schedule:

<http://www.sdiz.org/documents/IZ-clinics/iz9es-latest.pdf>

A photograph of a nurse in a white lab coat using a stethoscope to listen to the back of a young girl sitting up in a hospital bed. The scene is set in a clinical environment with white linens and a blue headboard. The image has a light blue tint.

Wellness Resources:

San Diego Unified School District Nursing & Wellness Department

Resources on the following topics:

- **Nutrition**
- **Physical Activity**
- **Health Promotion**
- **Sleep**
- **Community Resources**
- https://www.sandiegounified.org/departments/nursing_and_wellness_program/related_resources